

St. Clair County Community Mental Health Authority
Consent for Participation
Understanding Our Sexuality: Strong, Safe, & Free

SEXUALITY EDUCATION FOR ADULTS WITH INTELLECTUAL/DEVELOPMENTAL DISABILITIES

Individual: _____

Case #: _____

I give permission for the above to participate in the Sexuality Education for Adults with Intellectual/Developmental Disabilities class, "Understanding Our Sexuality: Strong, Safe, & Free," via St. Clair County Community Mental Health Authority at the main Port Huron office location.

"Understanding Our Sexuality: Strong, Safe, & Free" is a sexuality education class designed specifically for adults with intellectual/developmental disabilities. It is based on the understanding that those with intellectual/developmental disabilities are sexual beings, with feeling and needs, but are often those most likely to receive negative, inaccurate, and harmful messages regarding their sexuality. This class aims to increase access of unbiased and factual information regarding their sexuality to individuals with intellectual/developmental disabilities, with the hope to empower individuals to claim ownership over their bodies, as well as make healthy and consensual decisions regarding their sexuality. The curriculum focuses on dispelling myths about sexuality and replacing them with positive, truthful messages through education on the following topics: different types of relationships, public vs. private, friendships/relationships, communication and decision-making, social media, roads to/being in a relationship, and safety. A copy of the class curriculum is attached for review.

Individual/Parent/Legal Guardian Signature

Date

Print Name

Date

Witness Signature

Date