

St. Clair County Community Mental Health  
**Youth Peer Support Specialist (YPSS) Consumer Profile**

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**Youth Peer Support** is a peer-led service designated for youth and young adults aged 13 years and older. It aims to assist individuals with serious emotional disturbance or serious mental illness through shared activities and interventions, which include direct support, information sharing, and skill building.

The goal of Youth Peer Support is to foster strong, respectful relationships built on mutual trust and strategic self-disclosure. This approach helps increase hope, confidence, self-advocacy, and decision-making skills, empowering youth and young adults to take charge of their own mental health and well-being.

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Date: \_\_\_\_\_

Individual: \_\_\_\_\_ Case #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: ☐ Male ☐ Female

Parent/Guardian(s): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

Best time to reach parent/guardian: \_\_\_\_\_

Medicaid Policy #: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

CMH Case Holder: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

What are you hoping for the youth to achieve because of this service:

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**A signed Consent to Exchange Health Information (MDHHS-5515) for Touchstone must be attached to this profile.**

Youth prefers the following hours: (mark all that apply)

☐ Morning ☐ Midday ☐ After School ☐ Anytime

**Service Code** = H0038 WT

**Authorizations:** 1 unit = 15 minutes

Amount: \_\_\_\_\_

Duration: \_\_\_\_\_

Frequency: \_\_\_\_\_