

St. Clair County Community Mental Health
Standing Medication Order List for Children Ages 2 through 11 Years of Age

Individual: _____ Case #: _____ Date: _____

Home: _____

Allergies: _____

Health Conditions: _____

**** For medication administration, follow all product directions. ****

Headache/ Pain / fever greater than 101:

- Children’s Tylenol or generic equivalent (acetaminophen)
- Children’s Motrin or generic equivalent (ibuprofen)

Constipation: diminished frequency, incomplete evacuation, or stool that is too hard or too small

1. Increase fluids to 2/3 to gallon per day, increase fiber (bran cereal, raw fruits and vegetables, whole wheat breads, oats, barley), increase fruits, increase activity
2. Encourage child to sit on the toilet for 5 minutes, 20 minutes after meals
3. May give one of the following:
 - Colace or generic equivalent (docusate sodium)
 - Maltsupex- ages 2-5: or generic equivalent (malt extract)
 - If no relief in 24-48 hours, consult primary care provider

Diarrhea: change in bowel pattern with increase in stool volume, looseness and frequency

1. First 24 hours: give clear liquids only- water, oral rehydration solution, Pedialyte popsicles, weak tea, Jell-O water, Gatorade, popsicles.
2. Second day: if diarrhea has improved, add bland solids: rice cereal, bananas, apple sauce, Jell-O, saltine crackers, toast and jelly
- ❖ If diarrhea has not improved, consult primary care provider
3. Third day: with continued improvement of diarrhea, all more bland solids, avoid milk, fried foods, vegetables, fruits, and meat.
4. Forth day: regular diet as tolerated.

Cold symptoms: fatigue, low grade fever, nasal drainage, obstruction and/or congestion, sneezing, coughing, sore throat, hoarseness, watery or red eyes

- Cough- Triaminic “Cold with Cough” or generic equivalent
 - Night time Triaminic = Diphenhydramine and Phenylephrine
 - Day time Triaminic = Dextremethoiphane and Phenylephrine
- Stuffiness- Sudafed or generic equivalent (pseudoephedrine hydrochloride) –
- ❖ Consult primary care provider for symptoms lasting greater than 7 days.

Allergy symptoms: nasal congestion, sneezing, clear nasal drainage, coughing, sore throat, puffy and itchy eyes

- Benadryl or generic equivalent (diphenhydramine)

Minor abrasions, cuts, burns: follow standard first aid in accordance with the American Red Cross. Triple antibiotic ointment may be used.

Menstrual discomfort:

- Motrin 200mg or generic equivalent (ibuprofen)

The above standing orders apply to any resident/participant in the named program location.

Physician Signature

Date