

St. Clair County Community Mental Health
Mentee Progress Note

Date: _____

Mentee: _____

Mentor: _____

Main Topics Covered Today:

My movement towards goal achievement:

What is going well:

What is a problem, and why it is a problem:

Things that I can do, or my mentor's advice, to deal with the problem:

Attitudes that need to be changed to deal with the problem:

What was agreed to be done before the next session?

Date of Next Meeting: _____

Topic/Agenda for Next Session: _____

New insights in today's session: _____