



St. Clair County Community Mental Health

Providing Opportunities for Health, Wellness, & Connection

Independent Facilitation & Planning for Your Goals

Independent Facilitation

During your planning process, you may choose to have a trained Independent Facilitator help guide your meeting.

An Independent Facilitator:

- Is not part of the SCCCMH staff
- Helps make sure your voice is heard
- Supports you in leading your meeting
- Assists in organizing your ideas and goals
- Is available at no cost to you

Ask your Clinician or Case Manager if you would like to work with an Independent Facilitator.

Information and Access to Services:
810-488-8888

24-Hour Crisis Line:
810-966-2575

www.scccmh.org |    

**St. Clair County
Community Mental Health**
3111 Electric Avenue
Port Huron, MI 48060
(810) 985-8900

**St. Clair County
Community Mental Health
Child & Family Services**
2415 24th Street
Port Huron, MI 48060
(810) 488-8840

**St. Clair County
Community Mental Health - South
Adult Services**
6221 King Road
Marine City, MI 48039
(810) 765-5010

**St. Clair County
Community Mental Health - South
Child & Family Services**
135 Broadway
Marine City, MI 48039
(810) 400-4200

**St. Clair County
Community Mental Health - West**
14675 Downey Road
Capac, MI 48014
(810) 395-4343



Person- Centered Planning



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Community Mental Health**

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Person-Centered Planning:

Planning services around what matters to you.

Person-Centered Planning (PCP) is the process used to develop the **Individual Plan of Service (IPOS)** for anyone receiving services from St. Clair County Community Mental Health (SCCCMH). The plan is directed by **you** and reflects your goals, strengths, preferences, and needs.

PCP is not something done to you or for you; **you lead the planning**, with support from others you choose.

Your Plan Reflects You:

Your plan is based on:

- Your strengths and abilities
- Your cultural values and personal preferences
- What is meaningful and essential in your daily life
- Your goals for your health, wellness, relationships, and community involvement

The focus is on highlighting your abilities and supporting your independence.

Your Choices Guide the Plan:

You decide what you want your life to look like, including choosing:

- Where and how you live
- Work or daily activities
- Relationships and social connections
- Skills you want to build
- Supports that help you stay healthy and safe

Your plan can be updated at any time as your needs or goals change.

Your Role in the Process:

You are the center of your planning meeting. You have the right to:

- Choose who participates in your planning meeting
- Select a meeting time and location that works for you
- Share what is most important to you
- Lead your meeting, or ask someone you trust to guide it
- Request an Independent Facilitator at no cost to you

Your support team may include family, friends, guardians, staff, and others you invite.



Before Your Meeting:

It can help to think about:

- What you enjoy and do well.
- What a meaningful day looks like for you
- Things you would like to learn or try
- People you want in your life
- What supports help you succeed
- What challenges might get in the way

If You Have Concerns:

If you are not satisfied with your services or your Individual Plan of Service, you have the right to request a change, submit a grievance, or file an appeal. We are here to help you understand your options.