

KEY CONCEPTS

PERSON-CENTERED PLANNING

Person-centered planning involves providers collaborating with individuals to achieve a meaningful life aligned with their preferences. It emphasizes choice and self-determination, empowering individuals to shape their future and be valued members of their community.

SELF-DETERMINED SERVICES

Self-determination empowers individuals with authority and independence in choosing services and support, including selecting providers or caregivers and allocating resources to meet their goals.

DISCOVERY

Individuals with intellectual/developmental disabilities have the capacity to learn and grow through diverse life experiences and should be provided opportunities to gain new skills through enriching routine activities.

INCLUSION

Being part of a community allows individuals to build relationships, develop skills, and enhance their quality of life, benefiting both individuals and their communities. Everyone benefits when people with disabilities are included!



**St. Clair County
Community Mental Health** www.scccmh.org
Providing Opportunities for Health, Wellness, & Connection



St. Clair County Community Mental Health supports individuals with mental illnesses, intellectual/developmental disabilities, and substance use disorders focusing on integrated healthcare and recovery.

**For information, access to services
and 24-hour crisis intervention, call:**

888-225-4447

For 24-hour crisis intervention, call:

810-966-2575

LOCATIONS

St. Clair County Community Mental Health

3111 Electric Avenue
Port Huron, MI 48060
(810) 985-8900

St. Clair County Community Mental Health - South

6221 King Road
Marine City, MI 48039
(810) 765-5010

135 Broadway
Marine City, MI 48039
(810) 400-4200

St. Clair County Community Mental Health - West

14675 Downey Road
Capac, MI 48014
(810) 395-4343

St. Clair County Community Mental Health Child & Family Services

2415 24th Street
Port Huron, MI 48060
(810) 488-8840

Intellectual/Developmental Disability Services



ST. CLAIR COUNTY

COMMUNITY MENTAL HEALTH

*Supporting Growth, Choice,
and Independence*





ABOUT US

At St. Clair County Community Mental Health (SCCCMH), we are dedicated to providing exceptional services and support for individuals with intellectual/developmental disabilities (I/DD). Our commitment to enhancing lives, community inclusion, personal choice, and promoting independence is at the core of everything we do. We provide learning opportunities, support services, and personalized care in a setting that empowers individuals to thrive and reach their full potential.

Each individual is supported by a caring team of professionals that will assist them in developing a person-centered plan tailored to their unique needs, choices, and goals.



OUR SERVICES

Community Integration Services (CIS):
The CIS program empowers adults with intellectual/developmental disabilities by offering life skill development, sensory integration, and socialization to encourage more autonomy, meaningful engagement in activities, increased self-reliance, and participation in the community.

Community Living Supports (CLS):
CLS is a service to help individuals with intellectual/developmental disabilities lead independent lives. These services include tasks like meal preparation, laundry, bathing, or dressing, ensuring that individuals receive the right amount of support to thrive independently.

Health Matters:
The Health Matters Program is designed for adults with intellectual/developmental disabilities and offers exercise, nutrition, and health education. This program aims to increase fitness levels and promote an understanding of healthy lifestyles.

Occupational Therapy:
Occupational therapy services improve quality of life and foster independence. Through personalized guidance and innovation, Occupational Therapists empower individuals to enhance their daily living skills, boost their confidence, and achieve greater independence.



Opportunities for Success (OFS):
OFS assists individuals with mild to moderate intellectual/developmental disabilities in securing meaningful, paid employment in the community. The program helps individuals explore their talents, interests, and work goals, pairing them with suitable job opportunities tailored to their skills and preferences.

Psychiatric Services:
For individuals with intellectual/developmental disabilities, our team of psychiatrists and nurse practitioners can assess, diagnose, monitor, prescribe medications, and provide ongoing care.

Respite Care:
Respite care offers parents and unpaid caregivers a break from caregiving duties. It provides time away for rest and to take care of other daily tasks, while a trained professional looks after their loved one. This support helps families by reducing stress and isolation.

Targeted Case Management:
Targeted case management supports individuals in reaching specific goals by connecting them with vital services including healthcare, dental care, financial aid, housing, employment, education, and social services identified through person-centered planning.